

TRANS IN THE SOUTH

A GUIDE TO RESOURCES AND SERVICES

**UPDATED
OCTOBER 2017**



WWW.SOUTHERNEQUALITY.ORG/TRANSINTHESOUTH

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DISCLAIMER:

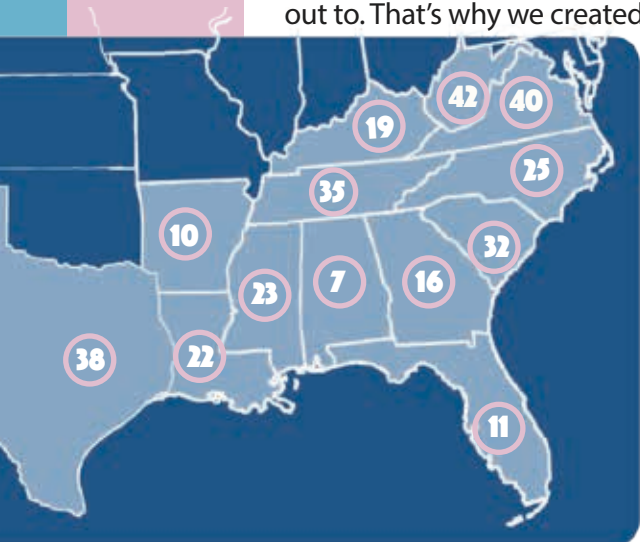
This document provides information about acquiring medical or attorney referrals; it is not medical or legal advice. Moreover, due to the rapidly changing nature of the law and our reliance on information provided by outside sources, we make no warranty or guarantee.

HOW TO USE THIS RESOURCE GUIDE

Welcome to *Trans in the South: A Guide to Resources and Services*, compiled by the Campaign for Southern Equality.

Our hope is that every trans person in the South can access the services and support they need to be healthy and to thrive. Our goal is that this resource guide is a helpful tool in that journey. In these pages you'll find lists of service providers throughout the South, information about insurance coding, and resources to assist with funding medical transition.

Accessing friendly therapists, medical providers, and legal assistance can be difficult as a trans person in the South, especially if you don't know where to start or who to reach out to. That's why we created this resource guide.



Trans in the South offers resources for trans folks in Alabama, Arkansas, Florida, Georgia, Kentucky, Louisiana, Mississippi, North Carolina, South Carolina, Tennessee, Virginia and West Virginia. Resources in this guide are divided by type of services offered within each Southern state. So, if you're looking for an endocrinologist in South Carolina for example, just scroll down to South Carolina and look for the heading "ENDOCRINOLOGY."

We compiled these resources from trans folks who reported having a positive and affirming experience using these services, referrals from trans-friendly providers, and pulling from other resource guides that list these providers as being trans-friendly. To confirm the status of these resources as trans-friendly,

we called each provider and spoke with the staff at that agency. We only included providers who report actively working with trans folks in this guide.

Some providers offered additional information about their practice like accepting insurance, charging on a sliding scale, offering Hormone Replacement Therapy, or working with youth. These are marked with icons. We still encourage calling the provider you're interested in and asking about the specific services you're seeking.

This edition of *Trans in the South* was published in October of 2017 and can be downloaded at www.southernequality.org/transinthesouth. We'll be collecting new resources throughout the year and updating the guide annually. If you have additional resources, questions, or feedback, please email them to me at Ivy@southernequality.org.

Thanks for accessing *Trans in the South*. I hope you'll find it helpful!

Best Wishes,
Ivy Gibson-Hill
Campaign for Southern Equality
LGBTQ Rights Toolkit Coordinator

ICONS IN THIS GUIDE



Writes Letters - Many endocrinologists and surgeons require a letter from a mental health professional before they will move forward with assisting with medical transition. These mental health professionals will write the letters that are required for Hormone Replacement Therapy and/or surgery. If this icon is beside an endocrinologist, it means they will write the necessary letters to change gender markers on legal documents without requiring the patient to undergo surgery.



Doesn't Write Letters - These providers report being trans-friendly; however they won't write the letters folks need to begin HRT, undergo surgery, or change gender markers legal documentation.



Requires Letter - These providers do not offer treatment with informed consent, but require a letter from a therapist before beginning HRT.



Informed Consent - These providers do not require a letter from a mental health professional to begin HRT.



Sees Adolescents - These providers will assist individuals under the age of 18 with their medical transition.



Offers HRT - Hormone Replacement Therapy is a big step for many trans folks. The general providers that are marked with this symbol offer HRT in their office. This cuts the step of also finding an endocrinologist.



OB/GYN - These providers also offer pelvic exams for trans men.



Planned Parenthood - These providers operate within Planned Parenthood offices. Most Planned Parenthood affiliates offer HRT with informed consent.



Scheduling 6 Months to a Year Out - At the time that we called, these providers reported scheduling 6 months to a year out for new patients.



Doesn't Take Insurance - These providers report that they don't accept any insurance.



Takes Insurance - These providers report accepting insurance.



Charges on a Sliding Scale - These providers report charging on a sliding scale based on need.



Free Sessions Available - Some providers report working with local clinics in order to provide free sessions to the clients who aren't able to make payments even on a sliding scale basis. We encourage calling providers with these icons and asking about the process to take advantage of those free needs-based services.



Veterans Only - These providers only work with veterans.



Student Counseling Services - These providers are trans-friendly, but they are only available to students at their university.



Support Group - These providers also offer peer support groups.



ABOUT

THE CAMPAIGN FOR SOUTHERN EQUALITY

Based in Asheville, North Carolina, the Campaign for Southern Equality (CSE) promotes full LGBTQ equality - both legal and lived - across the South.

One third of all LGBTQ Americans live in the South, including more than one third of all trans Americans. Yet across the region, LGBTQ people lack basic legal protections, face robust opposition to our rights and have limited resources for advocacy and direct services. LGBTQ people in our region are also at an elevated risk of poverty and health disparities. Our community meets every definition of political powerlessness, evidenced most recently by the wave of anti-LGBTQ bills sweeping the South and by a dismal lack of elected representation in local, state and federal offices. While national funding to the LGBTQ South is increasing (it has grown from less than 8% to 25% in recent years), the majority goes to large metro areas and large organizations within the South.

LEARN MORE AT

WWW.SOUTHERNEQUALITY.ORG

At the same time, LGBTQ Southerners live each day with courage and strength. Every day, we hear stories about how the South is changing and how support for equality is growing. Our work starts by asking what a LGBTQ Southerner needs when they are ready to lead equality efforts in their hometown, or ready to access support and services. Responding to this complex mix of urgent needs and entrenched structural issues requires a new approach. Tactically, this requires that we use a range of tools in our work, including direct services, direct action, litigation, grant-making, and long-term organizing strategies to support a new generation of LGBTQ leaders and to build political power.

THE LGBTQ RIGHTS TOOLKIT



Through our LGBTQ Rights Toolkit, we respond to the acute and widespread need for direct services and resources for LGBTQ Southerners. Current programs include our digital toolkit - www.lgbtrightstoolkit.org - which provides information about concrete ways LGBTQ Southerners can protect their rights and access support; publications like the Trans in the South guide; free Pop-Up clinics that provide direct services and resources; and providing training, networking and funding to support front-line providers of culturally-competent direct services.

VISIT ONLINE AT

WWW.LGBTRIGHTSTOOLKIT.ORG



EMERGENCY HELP AND RESOURCES

If you are in need of immediate help, please use these resources from anywhere in the country.

- If you are in need of immediate medical assistance or need law enforcement assistance, call 911.
- If you are thinking about hurting yourself, call the National Suicide Prevention Lifeline at 1-800-273-TALK (8255).
- If you are an LGBTQ youth who is thinking about hurting yourself or is in crisis, call The Trevor Project's 24-Hour Suicide Prevention Hotline at 866-488-7386.
- If you are a transgender person in crisis or needing support, call Trans Lifeline at 877-565-8860.
- If you are a college student check out this College Suicide Prevention Guide by Affordable Colleges Online: <https://www.affordablecollegesonline.org/college-resource-center/college-suicide-prevention/>

ADDITIONAL RESOURCES

GLBT National Help Center Hotline

P: 1-888-843-4564

W: www.glnh.org

Hours: 4 PM – 12 AM, EST

GLBT National Youth Talkline

P: 1-800-246-7743

W: <http://www.glnh.org>

Hours: 4 PM – 12 AM, EST



ALABAMA



MENTAL HEALTH



Charlar Barnes

Licensed Professional Counselor

Exceptional Living LLC.
600 S. Court Street Suite 312
Montgomery, AL 36104
334.647.1781
exceptionalliving14@gmail.com



Sarah E. Mulder, PsyD

Longwood Psychological Center

111 Longwood Drive SW
Huntsville, AL 35801
256.469.1949
www.sarahmulderpsychology.com



Jane Brown MA, LPC

2305 Arlington Ave.
Birmingham, AL 35205
205.933.9276
brownjane@earthlink.net
www.adultandchilddevelopment.com



Michelle Omara

Online Services

2680 E Main St, #121
Plainfield, IN 46168
317.517.0065
michele@micheleomara.com
https://micheleomara.com

Ashley Garrett

Garrett Counseling
1215 Jackson's Way, SW
Jacksonville, AL 36265
256.239.5662
www.garrettcounseling.com



Susan E. Riser PhD LPC

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334.387.2317
seriser@bellsouth.net



David Goldberg PsyD

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Birmingham, AL 35223
205.380.6304
dr.davidgoldberg@gmail.com
www.drgoldberg.net



Angela Stowe, PhD

Univ. of Alabama
at Birmingham's Student Health
and Wellness Center
1714 9th Ave. South
Birmingham, AL
205.934.3581
www.uab.edu/students/health/health-services



Amanda Keller

Magic City Acceptance Center
2500 4th Avenue South
Birmingham, AL 35233
205.877.8677
amanda@mcacc-bao.org



Nick VanWaggoner, MD

U of AL at Birmingham's
Student Health and Wellness Center
1714 9th Ave. South
Birmingham, AL
205.934.3581
www.uab.edu/students/health/health-services

ALABAMA

ENDOCRINOLOGY



Hussein Abdul-Latif, MD
The Childrens Hospital of AL
University AL • Birmingham
Department of Pediatrics



1601 4th Avenue South
Children's Park Place

Birmingham, AL 35233
205.638.5028

www.childrensal.org/Endocrinology



Morissa Ladinsky, MD
The Childrens Hospital of AL
University AL • Birmingham
Department of Pediatrics



1601 4th Avenue South
Children's Park Place

Birmingham, AL 35233
205.638.5028

www.childrensal.org/Endocrinology



Dr. Huey McDaniel (HRT)
offering changes quarterly

1700 Spring Hill Ave.
Mobile, AL 36604
251.435.1200

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:
www.plannedparenthood.org/health-center/alabama

Planned Parenthood Mobile

717 Downtowner Loop West
Mobile, AL 36609
251.342.6695

Planned Parenthood Birmingham

1211 27th Place South
Birmingham, AL 35205
205.322.2121

PRIMARY CARE



Dr. Scott Weisberg
Magic City Wellness Center
2500 4th Avenue South
Birmingham, AL 35233



205.877.8677

www.magiccitywellnesscenter.org



T. Shane Smith
Steel City Law, LLC



3000 Crescent Avenue
Birmingham, AL 35209

205.607.0225

ssmith@steelcitylawfirm.com

OTHER



Dr. Stephen R. Steinmetz, M.D., F.A.C.S.

*(Accepts payment plans; Will advocate for you
against insurance)*

St. Vincent's Professional Office Building
2700 Tenth Ave. South, Suite 510
Birmingham, AL 35205
205.930.0980
www.steinmetzplasticsurgery.com

ALABAMA

HIV CARE

AIDS Alabama -

*(Counseling Services
& Housing Assistance)*

3529 7th Avenue S.
Birmingham, Alabama 35222
205.324.9822
www.aidsalabama.org

AIDS Alabama South

4321 Downtowner Loop N.
Mobile, AL 36609
251.471.5277
www.aidsalabamasouth.org

Albertville Clinic - *(Free Testing,
Med Program, Housing Assistance)*

Thrive Alabama
201 E. McKinney Avenue
Suite A
Albertville, AL 35950
256.660.5127

Birmingham AIDS Outreach

205 32nd Street South
Birmingham, AL 35233
205.322.4197
www.birminghamaidsoutreach.org

Dothan AIDS Outreach

1865-3 Honeysuckle Rd.
Dothan, AL 36305
334.673.0494
www.maoi.org

Montgomery AIDS Outreach

2900 McGehee Road
Montgomery, AL 36111
334.280.3349
www.maoi.org

Thrive Alabama

600 St. Clair Avenue
Building 3
Huntsville, AL 35801
256.536.4700
www.thrivealabama.org

The Hames Clinic -

*(Free Testing, Counseling,
Med Program, Housing Assistance)*

Thrive Alabama
112 S. Pine Street
Suite 202
Florence, AL 35630
256.764.0492
www.thrivealabama.org

Selma AIDS Information & Referral

102 Park Place
Selma, AL 36701
334.872.6795
www.selmaair.org

West Alabama AIDS Outreach

2720 6th Street
Tuscaloosa, AL 35401
205.759.8470
www.waao.info

STATE RESOURCE GUIDE

**Association of Lesbian, Gay Bisexual & Transgender
Issues in Counseling of Alabama (ALGBTICAL)**

www.algbtical.org/2A%20COUNSELOR%20LIST.htm

Covers entire state



ARKANSAS

MENTAL HEALTH

Michelle Omara

Online Services
2680 E Main St, #121
Plainfield, IN 46168
317.517.0065
michele@micheleomara.com
www.micheleomara.com

HIV CARE

Arkansas AIDS Foundation

523. S. Louisiana, Suite 404
Little Rock, AR 72201
501.376.6299

Arkansas Department of Health Ryan White Program

Multiple Locations Across the State
501.661.2408
www.healthy.arkansas.gov

PLANNED PARENTHOOD

More details on each location are available at:
www.plannedparenthood.org/health-center/arkansas

Planned Parenthood Fayetteville

3729 North Crossover St.
Fayetteville, AR 72703
479.443.7791
www.plannedparenthood.org/health-center/arkansas/fayetteville/72703/fayetteville-health-center-2972-90740

Planned Parenthood Little Rock

5921 W. 12th Street
Little Rock, AR 72204
501.666.7526
www.plannedparenthood.org/health-center/arkansas/little-rock/72204/little-rock-health-center-2807-90740

STATE RESOURCE GUIDES

Arkansas Transgender Equality Coalition

www.artranscoalition.org/health
Covers entire state

Transgender Equality Network

www.transeqnet.org/resources/arkansas-resources/#.WV1KIVTyIU
Covers entire state



FLORIDA



MENTAL HEALTH

**Coral Schlosberg Arvon
PhD, LMFT, LCSW**
2999 NE 191st St. Suite 703
Aventura, FL 33180
305.936.8000
corarv@aol.com



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Rainbow Counseling
4554 Central Avenue
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St. Petersburg, FL 33711
727.314.1864
www.rainbowcounselingtampabay.com



Ieshai Bailey, LMHC, CST
Bailey House of Wellness, LLC
1881 NE 26th Street, Suite
202A Wilton Manors, Florida
33305
3190 Post Street
Jacksonville, FL 32205
954.903.7611
www.bhowyou.com
bhowyou@gmail.com



Angela Bulla
Solution Counseling Center
51 S Main Ave Suite 304
Clearwater, FL 33765
727.328.4672
www.angelabulla.com
angelabrownbulla@gmail.com



Mary G. Davenport PhD
1608 Oak St.
Sarasota, FL 34236
941.366.3134

Deborah Huntley PhD
1608 Oak St.
Sarasota, FL 34236
941.366.2442



Adele Kates & Associates PA
1 NE 168th St.
North Miami Beach, FL 33162
305.651.6442



Eric Leever LMHC
607 Saint Lucie Crescent
Suite 106
Stuart, FL 34994
772.233.9982
eric@leevermhc.com
www.leevermhc.com



Felicia Levine, LCSW, CST, LLC
23257 State Road 7, Suite #
203C, Boca Raton, FL 33428
954.657.3151
felicialevinelcsw@aol.com



Dr. Lawrence Levy PsyD, PA
398 Camino Gardens Blvd.
Suite 207
Boca Raton, FL 33432
561.210.5125
954.495.8749
www.levypsychology.com



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6811 N Central Ave.
Tampa, FL 33604
813.404.9215
counselorbarb@earthlink.net
www.counselorbarb.com

FLORIDA

MENTAL HEALTH



Stephany Mahaffey

Authentic Life Transitions, LLC



3001 Aloma Ave, Winter Park, FL 32792

321.420.6095

www.authenticlifetransitions.com

stephanymahaffey@gmail.com



Lisa J. Moore LMHC

1732 Kingsley Ave. Suite 1

Orange Park, FL 32073

904.269.2931



Anagloria Mora, PhD, LMHC, CCS

6861 SW 51st St., Miami, FL 33155

305.333.2263

dranagloriamora@aol.com

www.dranagloriamora.com



Bonnie R. Saks MD

3333 W Kentucky Blvd.

Tampa, FL 33609

813.354.9444



Dr. Kristie Overstreet

Therapy Department

18821 Delaware St Suite 208

Huntington Beach, CA 92648



904.566.9256

www.TherapyDepartment.com



Heather Stambaugh

Lakeland LGBT Therapy

2033 E. Edgewood Drive, Suite 4

Lakeland, FL 33803

863.271.2001

www.lakelandlgbttherapy.com

heather@lakelandfltherapy.com



David B. Wohlsifer, PhD, LCSW

370 W Camino Gardens Blvd,

Suite 117, Boca Raton, FL 33432

561.409.9701 ext 1



www.drdauidw.com

drwohlsifer@gmail.com

ENDOCRINOLOGY



Dr. Christopher Estes

1611 NW 12th Ave.

Miami, FL 33136

305.243.3000



Dr. Sadaf Jeelani

4340 W. Newberry Rd. Suite 301

Gainesville, FL 32607

352.372.9414



Brenda M. Barry

930 Lake Baldwin Ln.

Orlando, FL. 32814

407.898.1500 Ext. 10

WomenCare@cfl.rr.com

STATE RESOURCE GUIDES

Equality Florida

http://www.eqfl.org/sites/default/files/.images/TransGuide_041517.pdf

Covers entire state


Trans Florida


<http://transflorida.tumblr.com/hrt>


Covers entire state


FLORIDA


PRIMARY CARE


 **Ft. Myers Health Center**
8595 College Parkway Suite 250
Ft. Myers, FL 33919
239.481.9999

 **Gainesville Health Center**
914 NW 13th St.
Gainesville, FL 32601
352.377.0881


 **Dr. Michael Horseman**
4410 W. Newberry Rd. Suite B
Gainesville, FL 32607
352.372.7800


 **Immokalee Center**
419 N First St.
Immokalee, FL 34142
239.262.0301


 **Jacksonville Health Center**
3850 Beach Blvd.
Jacksonville, FL 32207
904.399.2800


 **Lakeland Health Center**
2250 E. Edgewood Dr.
Lakeland, FL 33803
863.665.5735


 **Manatee Health Center**
1105 53rd Ave. East Suite 201
Bradenton, FL 34203
941.567.3800


 **Naples Center**
1425 Creech Rd.
Naples, FL 34103
239.262.0301

 **Orlando-Eastside Clinic**
11500 University Blvd. Suite B
Orlando, FL 32817
321.235.5513

 **Orlando-Westside Clinic**
726 South Tampa Ave.
Orlando, FL 32805
407.246.1788

 **Pinellas Health Center**
8950 Dr. Martin Luther
King Jr St. N #102
St. Petersburg, FL 33702
727.898.8199

 **The Sally Bellamy Health Center**
2121 W. Pensacola St. Suite B2
Tallahassee, FL 32304
850.574.7455

 **Sarasota Health Center**
736 Central Ave.
Sarasota, FL 34236
941.953.4060

  **Christopher Salgado, M.D.**
LGBTQ Center for Wellness,
Gender and Sexual Health
University of Miami Hospital, 1400
NW 12th Avenue, Miami, FL 33136
866.GENDRUM
www.umiamihospital.com/lgbtq-services
MiamiTransgender@med.miami.edu

HIV CARE

Care Resource Ft. Lauderdale

871 West Oakland Park Blvd.
Ft Lauderdale, FL 33311
954.567.7141
www.careresource.org

Care Resource Miami

3510 Biscayne Blvd., Miami, FL 33137
305.576.1234
www.careresource.org

Care Resource Little Havana

1901 SW 1st St, Miami, FL 33135
305.203.5230

Care Resource Miami Beach

1701 Meridian Avenue, Suite 400
Miami Beach, FL 33139
305.673.3555

Care Resource Miami Beach

1680 Michigan Avenue, Suite 912
Miami Beach, FL 33139
305.534.0503

Hope & Help Center of Central Florida

Main Office
707 Mendham Blvd, Suite 104
Orlando, FL 32825
407.645.2577
www.hopeandhelp.org

Hope & Help Center of Central Florida, Kissimmee

600 N Thacker Ave, Ste A27
Kissimmee, FL 32741
407.994.2825
<https://www.hopeandhelp.org>

Hope & Help Center of Central Florida, South Orange Blossom Trail

750 South Orange Blossom Trail #268
Orlando, FL 32805
407.645.2577
www.hopeandhelp.org

Miracle of Love Administrative Office

741 W. Colonial Dr.
Orlando, FL 32804
407.843.1760
www.miracleofloveinc.org

Miracle of Love Lake County Office

4400 N Hwy 19A Unit 10, Mt Dora, FL 32757
352.357.6341
www.miracleofloveinc.org

Miracle of Love Osceola County Office

600 North Thaker Ave., Kissimmee, FL 32741
Ryan White Program: 407.994.2995
www.miracleofloveinc.org

Miracle of Love The Stafford House

711 Seminole Ave., Orlando, FL 32804
407.532.0070
www.miracleofloveinc.org



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LGBTQ Center for Wellness,



Gender and Sexual Health

University of Miami Hospital

1400 NW 12th Avenue, Miami, FL 33136

866.GENDRUM

www.umiamihospital.com/lgbtq-services

MiamiTransgender@med.miami.edu

FLORIDA

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:
<https://www.plannedparenthood.org/health-center/florida/>

Boca Raton

8177 Glades Rd.
Boca Raton, FL 33434
561.226.4116



Bradenton

1105 53rd Ave East
Suite 201
Bradenton, FL 34203
941.567.3800



Fort Meyers

8595 College Parkway
Suite 250
Fort Myers, FL 33919
239.481.9999

Gainesville

914 NW 13th Street
Gainesville, FL 32601
352.377.0881



Immokalee

419 N. First Street
Immokalee, FL 34142
239.262.0301



Jacksonville

5978 Powers Avenue
Jacksonville, FL 32217
904.399.2800



Kissimmee

610 Oak Commons Blvd.
Kissimmee, FL 34741
407.246.1788



Lakeland

2250 E Edgewood Drive
Lakeland, FL 33803
863.665.5735



Miami

11440 SW 88th Street
Suite 109
Miami, FL 33176
786.263.0001

Miami

3119A Coral Way,
Miami, FL 33145
305.285.5535

Miami

585 N.W. 161 St. Suites 200-
300,
Miami, FL 33169
305.830.4111



Naples

1425 Creech Road
Naples, FL 34103
239.262.0301



Orlando

11500 University Blvd
Orlando, FL 32817
407.246.1788



Orlando

726 South Tampa Ave
Orlando, FL 32805
407.246.1788



Pembroke Pines

263 North University Drive
Pembroke Pines, FL 33024
954.989.5747



Saint Petersburg

33 6th Street South
Saint Petersburg,
FL 33701
727.898.8199



Sarasota

736 Central Avenue
Sarasota, FL 34236
941.953.4060



Stuart

1322 NW Federal Hwy.
Emerald Plaza
Stuart, FL 34994
772.692.2023

Tallahassee

2121 W Pensacola Street,
Tallahassee, FL 32304
850.574.7455



Tampa

8068 North 56th St.
Tampa, FL 33617
813.980.3555



Wellington



10111 Forest Hill Blvd Suite
340
Wellington, FL 33414
561.296.4919


West Palm Beach

931 Village Blvd.
Suite 904
West Palm Beach, FL 33409
561.683.0302







MENTAL HEALTH



  **Anna Baxter, LAPC**
 Wellspring Counseling Center
  700 Old Roswell Lakes Pkwy
 Suite 300 Roswell, Georgia 30076
 678.446.8653
anna@lovepositivecounseling.com
www.lovepositivecounseling.com


 **Eli Budd PhD, Psych**
 2300 Cheshire Bridge Rd.
 Unit 101
 Atlanta, GA 30324
 404.873.5517
www.bebuddPhD.com




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 Roswell, GA 30076
 678.431.3901
annalisdarenthal@gmail.com
www.annalisdarenthal.com

  **Melissa L. Dickinson**
 Wellspring
  Counseling Center
 321 W Hill Street, Suite 2D,
 Decatur, GA 30030
 404.969.5139
melissadickinsonlpc@gmail.com
www.melissadickinson.com

  **Tana Hall, LPC**
 204 Church St
  Decatur, GA 30030
 404.496.8262
www.tanahall.com

  **Dr. Sally Herbert**
Psychiatrist
 41 Lenox Point
 North East Atlanta, GA 30324
 404.842.0070

 **Karuna Counseling**
 1945 Mason Mill Rd. Suite 100
 Decatur, GA 30033
 404.321.4307
www.karunacounseling.com

  **Metropolitan**
Counseling Services
 *(Sliding Scale as low as \$25. If going through Health Initiative you can receive 8 free sessions.)*
 2801 Buford Hwy. Suite 470
 Atlanta, GA 30329
 404.321.1794
www.mcsatlanta.org

  **Michelle Omara**
 Online Services
 2680 E Main St, #121
 Plainfield, IN 46168
 317.517.0065
michele@micheleomara.com
<https://micheleomara.com>

  **Dr. Kristie Overstreet**
 Therapy Department
  18821 Delaware St Suite 208
 Huntington Beach, CA 92648
 904.566.9256
www.TherapyDepartment.com

GEORGIA

MENTAL HEALTH



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1708 Peachtree St.
NW Atlanta, GA 30309
404.312.5677
erin@erinswen.com
www.erinswen.com



GA Tech Counseling Center

353 Ferst Dr NW
Atlanta, GA 30313
404.894.9179



Equality Clinic



987 St. Sebastian Way
Augusta, GA 30901
762.218.2226



Wellspring Counseling Center



321 W. Hill St, Decatur, GA
30032 & 700 Old Roswell Lakes
Pkwy, Suite 300, Roswell, GA
30076 (on Sundays)
678.667.1522
AmariahLove.com
love.counseling17@gmail.com

ENDOCRINOLOGY



Dr. Vin Tangpricha

1365 Clifton Rd.
Emory Clinic Bldg A
Atlanta, GA 30322
404.778.3280



Trans Health Initiative

1924 Cliff Valley Way
Atlanta, GA 30329
404.728.7900 or 404.929.1742
transhealth@feministcenter.org
www.transhealthinitiative.org



Equality Clinic



987 St. Sebastian Way
Augusta, GA 30901
762.218.2226

PRIMARY CARE



Dr. Mark Earhart

1612 Mars Hill Rd. Suite B
Watkinsville, GA 30677
706.769.1100



Dr Isabel Lowell



Emory Healthcare
Multiple Locations
404.778.7777

www.emoryhealthcare.org



Equality Clinic



987 St. Sebastian Way
Augusta, GA 30901
762.218.2226



Dr. Scott Parry

2215 Cheshire Bridge Rd NE
Atlanta, GA 30324
404.541.0944
www.intownprimarycare.com



Maria Holder

Intown Primary Care-Cheshire Bridge
730 Ponce De Leon Place, Unit B
Atlanta, GA 30306 and
2215 Cheshire Bridge Rd NE
Atlanta, GA 30324
404.541.0944
www.intownprimarycare.com/about/

Dr. Joseph Smiddy

1700 Briarcliff Rd.
NE Atlanta, GA 30306
404.228.2648



Trans Health Initiative

1924 Cliff Valley Way
Atlanta, GA 30329
404.728.7900

GEORGIA

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:
www.plannedparenthood.org/health-center/georgia/

Lawrenceville

798 Lawrenceville
Suwanee Road,
Lawrenceville, GA 30043
404.688.9300

Marietta

220 Cobb Parkway North.
Suite 500
Marietta, GA 30062
404.688.9300

Savannah

720 East 71st St.
Savannah, GA 31405
912.351.0116

LEGAL RESOURCES

Dana P Shaffner

1842 Independence Square
Atlanta, GA 30338
770.551.9366



Equality Clinic

987 St. Sebastian Way
Augusta, GA 30901
762.218.2226



OTHER



Brittany Garner, MSW

Lost-N-Found Youth
2585 Chantilly Dr NE
Atlanta, GA 30324
678.856.7825
brittany@lost-n-found.org
www.lnfy.org

STATE RESOURCE GUIDES

Atlanta Gender

atlagender.org/professionals.html
Covers Atlanta

Reddit

www.reddit.com/r/transhealth/comments/320gvc/looking_for_a_trans_friendly_endo_in_georgia/#bottom-comments
Covers Primarily Atlanta

Georgia Equality

www.georgiaequality.org/wp-content/uploads/2015/08/GA-Trans-Resource-Guide-DIGITAL-1.pdf
Covers Primarily Atlanta

Feminist Women's Health Center

www.feministcenter.org/assets/pdfs/THI_Resource_Guide.pdf
Covers Atlanta

Trans Georgia

www.transgeorgia.org
Covers entire state

Therapist Tana Hall's resource guide:

www.docs.google.com/document/d/1VsKNyaZ3P4pptqb-Fk1-3etlrYO-hHydxsKdah4ntJz8
Covers Primarily Atlanta



KENTUCKY



MENTAL HEALTH



Mona Gallo, Ed. D., L.P.C.C.

Counseling in Lexington



207 E. Reynolds Rd
Lexington, KY 40517

859.312.0901

mona@counselinginlexington.com



Dave Harmon & Associates

3934 Dixie Highway #510

Louisville, KY 40207

502.896.8006



Natasha Lacey

New Life Counseling Services



1099 S. Broadway, Ste. 280 & 260
Lexington, KY 40504



859.309.2384

newlifecounselingsvc@gmail.com



Susan S. Mathews-Duvall PhD

2220 Executive Dr. #103

Lexington, KY 40505

859.227.9998

drmathewsduvall@gmail.com



Michelle Omara

Online Services

2680 E Main St, #121

Plainfield, IN 46168

317.517.0065

michele@micheleomara.com

www.micheleomara.com

Sanders and Associates

160 N. Broadway, Lexington, KY 40507

859.266.6786

sandersandassociatespllc@gmail.com



Janet Vessels, LCSW

Center for Child and



Family Counseling

1315 W. Main Suite A

Lexington, KY 40508

859.554.6028

janetvessels@yourcounselor.org



ADDITIONS?

Email Ivy Gibson-Hill at
the Campaign for
Southern Equality at [ivy@
southernequality.org](mailto:ivy@southernequality.org)

KENTUCKY

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:
www.plannedparenthood.org/health-center/kentucky/

Lexington

268 Southland Drive, Lexington, KY 40503
859.252.8494

Louisville

842 South 7th Street, Louisville, KY 40203
502.584.2473

PRIMARY CARE



Joanne Brown

UK University Health Service
(UK Students only)
University Health Service
Building
830 S. Limestone



Lexington KY 40536-0582
859.323.2778 & 859.323.4636
www.uky.edu/lgbtq/transform-health



Dr. Clayton Smith

Internal Medicine at UofL Physi-
cians Outpatient Center 401 E. Chestnut St.
Suite 370 Louisville, KY 40202
502.588.4500
www.uoflphysicians.com/1235371840-clayton-smith

Keisa Fallin-Bennett, MD/MPH

UK Department of
Family & Community Medicine
2195 Harrodsburg Rd Suite 125
Lexington, KY 40504-3504
859.323.6371
keisa.bennett@uky.edu
www.uky.edu/lgbtq/transform-health

SUPPORT GROUP



Trans Health Advocates

502.694.2227
www.kentuckyhealthjusticenetwork.org/trans-health.html

STATE RESOURCE GUIDE

TransKentucky

www.transkentucky.com/directory/
Covers Entire State



LOUISIANA

MENTAL HEALTH



Carlos Cuneo

3080 Teddy Dr. Ste A
Baton Rouge, LA 70809
225.923.8255



Dr. Jen Chandler



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Orleans, LA 70115

General: 504.708.493

Therapy & Medical: 504.278.4006

nolamedpsych@gmail.com

drjchandler@yahoo.com

www.drjchandler.com/



Bobby Kizer PhD

300 B Codifer Blvd.

Metairie, LA 70005

504.390.5782

kizer.bobby@gmail.com

www.bobbykizer.com



Kelley Massengale, LCSW, BACS

7474 Highland Road

Baton Rouge, LA 70808

225.246.2359

kmassengale01@gmail.com

www.counselingbatonrouge.com

Terry Meyers MEd BCSW

1412 Thalia St.

New Orleans, LA 70130

504.524.5973



Dr. Kristie Overstreet

Therapy Department



18821 Delaware St Suite 208

Huntington Beach, CA 92648

904.566.9256

www.TherapyDepartment.com



Joan Ellen Young LPC, NCC

New Orleans, LA

504.810.1450

PRIMARY CARE



Jamie Buth

1555 Poydras St. #405

New Orleans, LA 70112

504.558.3637



Jennifer Garrett

1315 Antonine St

New Orleans, LA 70115

504.891.4015



Michele McCarthy Larzelere PhD

200 W. Esplanade Ave. #412

Kenner, LA 70065

504.471.2750

mlarze@lsuhsc.edu



Michelle Simoneaux

711 N. Broad St.

New Orleans, LA 70119

504.988.3000



Dr. Ryan Pasternak

Crescent Care Family Care Services Center



Family Services Center, 4640 S.

Carrollton Ave., Suite 120, New



Orleans, LA 70119

504.378.0427



rpaste@lsuhsc.edu

www.crescentcarehealth.org/



Rachana Sus

4770 S I-10 Service Road W #110

New Orleans, LA

504.988.8050

LOUISIANA

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:
www.plannedparenthood.org/health-center/louisiana/

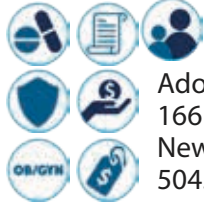
Baton Rouge

3955 Government Street, Ste. 2
Baton Rouge, LA 70806
225.387.1167

New Orleans

4636 S Claiborne Ave
New Orleans, LA 70125
504.897.9200

GENERAL PEDIATRIC CARE



Dr. Ryan Pasternak

Kids First Tiger Care
Adolescent Clinic
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504.299.9980
rpaste@lsuhsc.edu

www.crescentcarehealth.org/



Children's Hospital New Orleans

Adolescent Health Specialty
Clinic and Gender Health Clinic
200 Henry Clay Ave.,
Ambulatory Care Center,
New Orleans, LA 70118

504.896.2888

ENDOCRINOLOGY



Mary Melissa Albritton

2449 Hospital Dr.
Bossier City, LA 71111
318.212.7902

Brandy A. Panunti

610 John Churchill Chase, Loft 10
New Orleans, LA 70130
504.842.3000

HIV CARE

Baton Rouge AIDS Society

4560 North Blvd. Suite 100
Baton Rouge, LA 70806
225.923.AIDS(2437)
www.batonrougeaidsociety.org
AIDS102@aol.com

Philadelphia Center

2020 Centenary Blvd Shreveport, LA 71104
& the Mercy Center at 740 Austin Place
Shreveport, LA 71101
318.222.6633
www.philadelphiacenter.org

Central Louisiana AIDS Support Services

1785 Jackson St. Alexandria, LA 71301
318.442.1010
www.class-cenla.org

Southwest Louisiana AIDS Council

425 Kingsley St, Lake Charles, LA 70601
337.439.5861
www.slac.org/

HIV/AIDS Alliance for Region 2

4560 North Boulevard
Baton Rouge, LA 70806
225.927.1269
www.haartinc.org

LEGAL RESOURCE

Louisiana Civil Justice Center

Hotline: 1.800.310.7029
Free legal advice
laciviljustice.org

STATE RESOURCE GUIDE

Louisiana Trans Advocates

www.latransadvocates.org/
*Statewide list of providers
and support groups*



MISSISSIPPI



MENTAL HEALTH



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Delta State University
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Cleveland, MS 38733



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gbeals@deltastate.edu



Patricia Brawley PhD, LPC

McComb, MS

601.564.0174



John A. "Tony" Caldwell, LCSW



Caldwell Counseling
501 Heritage Dr., Oxford, MS 38655

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tonycaldwelllcsw@yahoo.com

LGBT Mental Health Center University of Mississippi Med. Center

2500 North State Street
Jackson, MS 39216
601.984.6925



Millsaps College Counseling Services

1701 N State St.

Jackson, MS 39202
601.974.1206
www.millsaps.edu/student_life/counseling_individual.php

Open Arms Healthcare Center

500 E Woodrow Wilson Ave
Jackson, MS 39216

601.500.7660
www.oahcc.org



Dr. Ty Stafford

Mississippi State University



Student Counseling Services
76 Magruder Street 115C

Hathorn Hall Mississippi State
Starkville, MS 39762
662.325.2091
tstafford@saffairs.msstate.edu
www.health.msstate.edu/scs/

PRIMARY CARE



Arti Barnes University of Mississippi Med. Center

2500 North State Street
Jackson, MS 39216
601.984.5560
www.oahcc.org

Open Arms Healthcare Center

500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org

MISSISSIPPI

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of Mississippi Med. Center**
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www.oahcc.org

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Gender Marker Change*)
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[Bear@BearAtwoodAttorney.com](mailto: Bear@BearAtwoodAttorney.com)

Dana Baumgartner
727 W. 5th St.
Laurel, MS 39440
601.422.8898
[dana@bumgardnerlawoffice.com](mailto: dana@bumgardnerlawoffice.com)

Hays Burchfield (*Name change;
Gender Marker Change*)
Burchfield Law Firm, PLLC
15 N. Dunn St.
P.O. Box 733
Eupora, MS 39744
662.258.6633

HIV CARE

AIDS Services Coalition
Hattiesburg, MS
601.450.4286
[asc@megagate.com](mailto: asc@megagate.com)

Mississippi Center for Justice Jackson
(*Legal services for HIV+ individuals*)
5 Old River Place, Suite 203 (39202)
P.O. Box 1023
Jackson, MS 39215-1023
601.352.2269

Mississippi Center for Justice Biloxi
963 Division Street, Biloxi, MS 39530
228.435.7284
<http://www.mscenterforjustice.org>

PLANNED PARENTHOOD

Hattiesburg
214 South 27th Avenue
Hattiesburg, MS 39401
251.342.6695
www.plannedparenthood.org/health-center/mississippi/

Mississippi Center for Justice
(*Legal services for HIV+ individuals*)
5 Old River Place, Suite 203 (39202)
P.O. Box 1023
Jackson, MS 39215-1023
601.352.2269

Carey Reid Varnado
Montague, Pittman and Varnado, P.A.
Hattiesburg, MS
601.544.1234
[cvarnado@mpvlaw.com](mailto: cvarnado@mpvlaw.com)

Robert McDuff and Sibyl Byrd
(*Name Change*)
McDuff and Byrd
767 N Congress St.
Jackson, MS 39202
601.969.0802

Mississippi Center for Justice Indianola
120 Court Avenue, Indianola, MS 38751
662.887.6570
<http://www.mscenterforjustice.org>

Open Arms Healthcare Center
500 E Woodrow Wilson Ave
Jackson, MS 39216
601.500.7660
www.oahcc.org

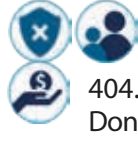


NORTH CAROLINA

MENTAL HEALTH



Nicole M. Armbrust, LCSW
70 Woodfin Pl. Suite 217 Asheville NC 28801
828.348.0527
OPTNicole@gmail.com



Donna Clausen
Red Bird Counseling
404.808.6701
Donnaclausen@redbirdcounseling.org
Redbirdcounseling.org



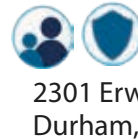
Luce Beagle, LPC
Empowered Transitions Counseling
5 Ravenscroft Dr. Asheville, NC 28801
828.231.9337
empoweredtransitionsasheville@gmail.com



Daymark Recovery Services
1400 Willow Lane
North Wilkesboro NC 28659
336.667.5151 ext. 4831
abliving@daymarkrecovery.org
daymarkrecovery.org



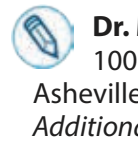
Heather Branham, LCSW
263 Haywood Street, Suite 206, Asheville, NC 28801
678.313.8747
heather.branham@gmail.com
www.heatherbranhamlcsww.com



Duke Child and Adolescent Gender Care
2301 Erwin Rd.
Durham, NC 27701
919.684.8361
www.dukehealth.org



Jamie Brazell, M.Ed., LMFT Licensed Therapist, Trained Sexologist
Out of the Woods



Dr. Mary Ellen Griffin
100 Central Ave
Asheville NC • 828.331.8100
Additional Office: 11 Schulman St.
Sylva, NC • 828.331.8100

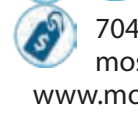
Therapeutic Counseling, PLLC
96 Central Avenue
Asheville, NC 28801
828.290.2347
jamie@outofthewoodstherapy.com



Beverly L. Moss, LPC
Moss Counseling Services
4921 Albemarle Rd, Suite 108,
Charlotte, NC 28205
704.493.8535
moss counseling@gmail.com
www.moss counseling.com



Kristin Carswell, MA, LPCS
383 Merrimon Ave. Suite C
Asheville, NC 28801
828.670.1275
kristin.carswell@gmail.com
www.manifestcounseling.com



NORTH CAROLINA

MENTAL HEALTH



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MA, LPCS

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peytonkinnaid@gmail.com
www.manifestcounseling.com



Holly Mackin, MA
LMFT AASECT Certified



PsychloTherapy
133 W Catawba Ave.

Mt. Holly, NC 28120
and 13420 Reese Blvd West,
Huntersville, NC 28078
704.266.0479 & 704.689.5075
holly.mackin@gmail.com
www.hollymackintherapy.com



Abby Nardo, Ph.D.
Downtown Psychology



416 Morson St, Raleigh NC 27601
919.816.2411

nardo@downtownpsychology.com
www.downtownpsychology.com



Jen Oman

Asheville, NC 28806
480.351.0276

Chandra Passero

2 S. Main St. Suite 28
Weaverville, NC 28787
828.337.2716



Joe Pope, MS, LPC, LCAS, CRC

Eastover Psychological
& Psychiatric Group, P.A.
3303 Latrobe Dr. Charlotte, NC 28211
704.362.2663 x126 dial 0
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Sarah B. Raines



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28801

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sarahbrainescounseling@gmail.com
www.sarahrainescounseling.com



Will Ray

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will.ray@caring4children.org
www.caring4children.org



Jenny Shealy

Crossing Point Counseling



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shealy.jenny@gmail.com



Crystal Smith,
BA, MACC, LPC-A



Counseling And Support Asso-
ciates At Lake Norman

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NC 28677
828.244.5725
crystaldsmith@yahoo.com



Tanya Stiers

168 S. Liberty St.



Asheville, NC 28801
828.713.7804



Jocie Sweeney, PhD

Sweeney Psych



801 East Morehead Street
Suite 304 Charlotte, NC 28215

980.236.073
drsweeney@sweeneypsych.com 4



Transgender Health Program


WNC Community Health Services


285 Biltmore Ave.


Asheville, NC 28801
828.285.0622 Ext. 2144
astyan@wncchs.org


NORTH CAROLINA

ENDOCRINOLOGY

 **Dr. Elizabeth Holt**
2709 Blue Ridge Rd. Suite 320
Raleigh, NC 27607
919.876.7692


 **Shannon Hopson, MD**
2544 Court Dr. Suite A
Gastonia, NC 28054
704.671.6400

 **Craig Speiser, MD**
200 Medical Parks Dr.
Suite 460
Concord, NC 28025
704.403.1311


 **Dr. Thomas Marlowe**
Charlotte Transgender
Healthcare Group
400 Clarice Ave.
Charlotte, NC 28204
704.348.4000


 **Dr. Deanna Adkins**
Duke Child and
Adolescent Gender Care
2301 Erwin Rd.
Durham, NC 27701
919.684.8361
www.dukehealth.org


PRIMARY CARE

 **Dr. Jennifer Abbott**
Transgender Health Program,
WNC Community Health Services
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Asheville, NC 28801
828.285.0622 Ext 2116


 **Dr. Rhett Brown**
Charlotte Transgender
Healthcare Group
335 N. Caswell Rd.
Charlotte, NC 28204
704.384.7980

 **Carrboro Community
Health Center**
Piedmont Health
301 Lloyd St.
Carrboro, NC 27510
919.942.8741

 **Carrboro Pediatrics
& Internal Medicine**
27 Fidelity St.
Carrboro, NC 27510
919.933.8381
www.carrboropediatrics.com

 **Chapel Hill Health Center**
1765 Dobbins Dr.
Chapel Hill, NC 27514
919.942.7762

Community Family Practice
260 Merrimon Avenue, Suite 200
Asheville, NC 28801
828.254.2444

 **Charlotte Health Center**
4822 Albermarle Rd.
Suite 103 & 104
Charlotte, NC 28205
704.536.7233

 **Duke Child and
Adolescent Gender Care**
2301 Erwin Rd.
Durham NC, 27701
919.684.8361
www.dukehealth.org

 **Durham Health Center**
105 Newsom St. Suite 101
Durham, NC 27704
919.286.2872

 **Fayetteville Health
Center**
4551 Yadkin Rd.
Fayetteville, NC 28303
866.942.7762

 **Aleece Fosnight, MSPAS, PA-
C, CSC, CSE**
Mission Medical Associates,
Pisgah Urology
87 Medical Park Drive, St A
Brevard, NC 28712
828.883.5858
aleece.fosnight@gmail.com
www.mission-health.org

NORTH CAROLINA

PRIMARY CARE

Dr. Deanna C. Jones

(Not taking new patients)

1242 S 5th St. Suite C
Mebane, NC 27302
919.563.3007



Dr. Grace Ivins • Living Well WNC
40 North Merrimon Avenue, Suite 305
Asheville, NC 28804
828.575.9562



Dr. Lauren Livingston

Asheville's Community Family
Practice



260 Merrimon Avenue, Suite 200
Asheville, NC 28801



828.254.2444
www.communityfamilyonline.com/



Planned Parenthood Asheville

Health Center

68 McDowell St.
Asheville, NC 28801
828.252.7928



Raleigh Health Center

100 S. Boylan Ave.
Raleigh, NC 27603
919.833.7526



Dr. Lisa Reed

MAHEC Family Health
Center at Newbridge
218 Elkwood Avenue
Asheville, NC 28804
828.257.4747
www.mahec.net/?/patient-information/family-health/newbridge



Student Health Services, University of North Carolina at Asheville

118 W. T. Weaver Boulevard
Asheville, NC 28804
828.251.6520



Dr. Heidi Swygard

CAPUS Clinic
Wake County Health Department
1011 Rock Quarry Rd, Raleigh NC
919.833.3111
www.advancechc.org/providers/heidi-swygard-md/



Wesley Thompson

Ballantyne Family Medicine
6010 E WT Harris Blvd.
Charlotte, NC 28215
704.208.4134
wthompson@carolina.rr.com



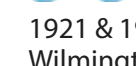
Transgender Health Program WNC Community

Health Services
285 Biltmore Ave.
Asheville, NC 28801
828.285.0622 Ext. 2144
astyan@wncchs.org



Wake Forest University Student Health Service

336.758.5218
shs@wfu.edu
www.shs.wfu.edu/



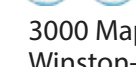
Wilmington Health Center

1921 & 1925 Tradd Ct.
Wilmington, NC 28401
910.762.5566



Melissa Wilson, LCSW

828.989.5080
melissawilsontherapy.com
melissawilsontherapy@gmail.com



Winston-Salem Health Center

3000 Maplewood Ave.
Winston-Salem, NC 27103
336.768.2980



Richard Wynn

Ballantyne Family Medicine
6010 E WT Harris Blvd. Char-
lotte, NC 28215
704.208-4134



NORTH CAROLINA

LEGAL RESOURCES

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77 Central Ave.
Asheville, NC 28801
828.255.5400
mburke@cobralawfirm.com
www.brazilburkelaw.com

Frank Goldsmith

Goldsmith, Goldsmith,
and Dews, P.A.
Marion, NC
828.652.3000
www.goldsmithdews.com

Marion Groat

Parsons Laws
168 S. Liberty St.
Asheville, NC 28801
828.581.9LAW

Hart Law Group

93 Church St.
Asheville, NC 28801
828.271.4278
www.thehartlawgroup.com

Paula Kohut

Kohut & Adams, P.A.
513 Market Street
Wilmington, NC, 28401
910.815.4066
www.kohut.pro

Luke Largess

Tin Fulton Walker & Owen
Charlotte, NC
704.338.1220
www.tinfulton.com

Beckie Moriello

Raleigh Immigration
Law Firm
3033-3 Stonybrook Dr.
Raleigh, NC 27604
919.376.2933
beckie@raleighimmigration.
org

PJ Roth

Marshall Roth and Gregory
Asheville, NC
828.281.2100
www.mrglawfirm.com

Connie J. Vetter

Charlotte, NC
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www.cjvlaw.com

Joan Waldron

Waldron Law Firm
5624 Executive Center Dr
#130, Charlotte, NC 28212
704.444.0057

Diane Walton

(Name changes; gender marker changes)
Walton Law Office
Asheville, NC
828.255.1963
www.waltonlawoffice.com

STATE RESOURCE GUIDES

LGBT Center of Raleigh

www.lgbtcenterofraleigh.com/adult-programs/transgender-initiative/transgender-local-resources.html
Covers Triangle Area

LGBT Center of Durham

www.lgbtqcenterofdurham.org/community-resources.html
Covers Triangle Area

Charlotte Transgender Healthcare Group

www.cthcg.org/
Covers Charlotte Area

Gender and Sexuality Diversity Initiative

www.carolinapartners.com/2017-gs-di-transgender-provider-resource-list/
Covers Entire State

NORTH CAROLINA

OTHER



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3407 Suite I W Wendover Ave Greensboro,
NC 27407
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kevin@prismaticspeech.com

Patricia Handlon

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828.213.0850



Heather Edwards, PT

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resilientpelvichealing@gmail.com
www.resilientpelvichealing.com



Michael C. Farmer, DMD, PA

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The Plaza Suite F Charlotte, NC 28205
704.837.8480
smile@pmdent.com



Dr Gerald Truesdale

Greensboro Plastic
Surgical Associates
2716 Henry Street
Greensboro NC 27405
336.954.2633
www.gpsa.biz

Excellase Noushi Haeussler

Laser treatment
2015 Fairview Rd
Raleigh, NC 27608
919.833.8484
www.excellase.com



Our Voice

35 Woodfin St, Asheville, NC 28801
828.252.0562
www.ourvoicenc.org/



Wendy Flynn

Willow Therapeutic Massage
2 South Main Street, Suite #29
Weaverville, NC 28787
828.989.0125
www.willowtherapeuticmassage.com
willowtherapeuticmassage@gmail.com



REACH of Haywood County, Inc.

627 N Main St, Waynesville, NC 28786
828.456.7898
www.reachofhaywood.org

PLANNED PARENTHOOD LOCATIONS

More details on each location are available at:
www.plannedparenthood.org/health-center/nc



Asheville

68 McDowell St,
Asheville, NC 28801
828.252.7928

Durham

105 Newsom Street,
Ste. 101
Durham, NC 27704
919.286.2872



Raleigh

100 S Boylan Ave.,
Raleigh, NC 27603
919.833.7526



Chapel Hill

1765 Dobbins Drive
Chapel Hill, NC 27514
919.942.7762

Fayetteville

4551 Yadkin Rd
Fayetteville, NC 28303
866.942.7762



Wilmington

1925 Tradd Court, Wilming-
ton, NC 28401
910.762.5566



Charlotte

4822 Albemarle Road
#103 and #104 & 106
Charlotte, NC 28205
704.536.7233

Greensboro

1704 Battleground Ave.
Greensboro, NC 27408
336.373.0678

Winston-Salem

3000 Maplewood Ave
Ste. 112
Winston-Salem, NC 27103
336.768.2980

NORTH CAROLINA

HIV CARE

**Dr. Claire Farel, Dr. Heidi Swygard,
or Dr. Lisa Hightow-Weidman**

Trans Health Program (*PrEP Services*)
UNC Infectious Diseases Clinic
101 Manning Drive
First Floor Memorial Hospital
Chapel Hill, NC 27514
984.974.7198



Dr. Heidi Swygard

Wake County Health
Department (*PrEP Services*)
1011 Rock Quarry Rd, Raleigh NC
919.833.3111
www.advancechc.org/providers/heidi-swygard-md/



**Infectious Diseases Clinic
(Clinic B)**

Wake County Health Department
General: 919.250.3999
Case management for people living
with HIV/AIDS: 919.212.7801



**Transgender Health
Program, WNC**

Community Health Services
285 Biltmore Ave. (*PrEP Services*)
Asheville, NC 28801
828.285.0622 Ext. 2303

MORE RESOURCES IN NORTH CAROLINA

Charlotte Transgender Health Group maintains an expansive list of trans-friendly providers in the Charlotte area:

The Charlotte Transgender Healthcare Group (CTHCG) is a multi-disciplinary team of licensed medical and mental health providers who work with gender-diverse individuals of all ages in the Charlotte and surrounding area. They collaborate with one another in order to stay informed about best practices, engage in case consultation, collect resources and referrals for trans-affirming services, communicate about current events, and engage in advocacy efforts.

Below are links to their service provider guides:

- Mental Health Professionals Who Work with Adolescents: www.cthcg.org/mental/youth
- Mental Health Professionals for Adults: www.cthcg.org/adult
- Endocrinologists and General Practitioners Who Offer HRT: www.cthcg.org/medical

TranzMission maintains a list of trans-friendly providers in Western North Carolina, including mental health professionals, general practitioners, endocrinologists, and other miscellaneous resources. To report out of date information on TranzMission's resource page or to add additional resources email them at info@tranzmission.org.

www.tranzmission.org/resources.html



SOUTH CAROLINA



MENTAL HEALTH



 **Landa M. Basham**
503 W. 2nd Street
Spartanburg, SC 29301
864.585.5010
landa@skylyncounseling.com
www.skylyncounseling.com


 **Charlton Hall** - *Transitioning to new office in Travelers Rest, SC*
3527 Pelham Rd #E2
Greenville, SC 29615
864.384.2388


  **Shawna Kirby, PhD**
Midlands Neurobehavioral Services, LLC
 1705 Richland ST
Columbia, SC 29201
803.339.9178
www.midlandsneuro.com
Drkirby@midlandsneuro.com

  **Hadley Mullen**
1100 Rutherford Rd.
Greenville, SC 29609
864.467.3434
mullenh@compassofcarolina.org
www.compassofcarolina.org

  **Kathleen May**
214 Keowee Trail
Clemson, SC 29631
864.654.0813

  **Jacob Parsons-Wells, MMFT, LMFT**
Lumos Counseling Services
300 Plaza Circle, Suite A
Clinton, SC 29325
864.939.8224
jacob@lumoscounselingservices.com

 **Elizabeth Pratt**
236 Union St. #2
Spartanburg, SC 29302
864.649.6272

 **Dr. Jeffrey Smith**
2094 Woodruff Rd.
Greenville, SC 29607
864.676.9211

  **Jerah Sowinski, LLC**
121 Interstate Blvd.
St. 2-A, Greenville, SC 29615
864.406.6464
www.therapywithjerah.com
hello@therapywithjerah.com

ENDOCRINOLOGY

Beatrice Hull, MD
Medical University of South Carolina
Charleston
janulyt@muscedu

SOUTH CAROLINA

PRIMARY CARE



Deborah Bowlby, MD, MSc

Medical University of SC
96 Jonathan Lucas St. CSB
428 Charleston, SC 29425

843.876.0444

bowlbyd@musc.edu



Columbia Health Center

2712 Middleburg Dr.
Suite 107

Columbia, SC 29204

803.256.4908



Molly Benedum

Center for Family Medicine

877 W Ferris Rd.

Greenville, SC 29605

864.455.7800



Gweneth Lazenby

Medical University of South
Carolina

Women's Health at Cannon,
135 Cannon Street

Charleston, SC 29425

Office: 843.792.5300

Nurse: 843.876.1222

lazenbgb@musc.edu



Charleston Health Center

200 Rutledge Ave.

Charleston, SC 29403

843.628.4380

PLANNED PARENTHOOD LOCATIONS

More details on locations available at: <https://www.plannedparenthood.org/health-center/sc>



Charleston

200 Rutledge Ave.

Charleston, SC 29403

843.628.4380



Columbia

2712 Middleburg Drive Suite 107

Columbia, SC 29204

803.256.4908

HIV CARE

AID Upstate

P.O. Box 105, Greenville, SC 29602

811 Pendleton St Ste 10, Greenville, SC 29601

864.250.0607

www.aidupstate.org/

South Carolina HIV/AIDS Council

1813 Laurel Street, Columbia, SC 29201

803.254.6644

www.schivaidsCouncil.org/

Lowcountry AIDS Services

3547 Meeting Street Road

North Charleston, SC 29405

843.747.2273 or toll-free at 877.874.0230

www.aids-services.com

information@aid-services.com

Sexual Trauma Services of the Midlands

533C Oxford Street

Sumter, SC 29150

and 1530 Main Street, Suite 201

Newberry, South Carolina 29108

Hotline: 803.771.7273; 1.800.491.7273

Office: 803.790.8208

Palmetto AIDS Life Support Services

2638 Two Notch Road, Suite 108

Columbia SC 29204

803.779.7257

www.palss.org/

STATE RESOURCE GUIDES

Gender Bender's Resource Page

www.genderbenders.org/resources.html

We Are Family

<http://wearefamilycharleston.org/tlf/south-carolina-resources/>

CATS: <http://www.chasareatsupport.org/links> • Covers Charleston Area

Covers Low Country

SOUTH CAROLINA

LEGAL RESOURCES

Ashley Andrews

544 Savannah Hwy.
Charleston, SC 29407
843.762.3554
andrews@lafondlaw.com

JJ Andrighetti

114 Manly St.
Greenville, SC 29601
864.370.8222
jj@palmettolawfirm.com

Anne Frances Bleecker

82 Church St.
Charleston, SC 29402
843.722.2900
afbleecker@bleeckerlawfirm.com
www.bleeckerlawfirm.net

Sarah E. Brown

114 Manly St.
Greenville, SC 29601
864.370.8222
sarah@palmettolawfirm.com

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2322 Devine St.
Columbia, SC 29295
803.251.0202
mmburnette@mindspring.com

Margaret Chamberlain

600 Pettigru St.
Greenville, SC 29601
864.250.0505
info@margaretkchamberlainlaw.com
www.margaretkchamberlainlaw.com

Collen T. Condon

3 Gamecock Ave. Suite 301
Charleston, SC 29407
843.225.7288
colleen@colleencondonlaw.com
www.colleencondonlaw.com

Deborah K. Lewis

234 Seven Farms Dr. #212
Daniel Island, SC 29492
843.747.9540

Erin Culbertson

110 Williams St.
Greenville, SC 29601
864.370.8222
erin@culbertsonalexander.com

Suzanne Groff

1058 Sea Eagle Watch
Charleston, SC 29412
843.406.7733
suzannegroff@grofflaw.com

Mary Ann Hall

1327 Ashley River Rd. Suite C 100
Charleston, SC 29407
843.377.1341
www.mahlawfirm.com

Edward Hawkins

800 Wappoo Rd.
Charleston, SC 29407
843.255.7565
www.edhawkinslaw.com

John M. Mussetto

2607 Woodruff Rd. Suite E 228
Simpsonville, SC 29681
864.283.0040
john@mussettolaw.com

Heather S. Shaw

2129 Dorchester Rd.
North Charleston, SC 29405
843.377.1686
shawlawfirm@inbox.com

Nekki Shutt

1812 Lincoln St. #200
Columbia, SC 29201
803.256.2371

Elizabeth Stringer-Nettles

753 Folly Rd.
Folly Beach, SC 29412
843.795.1331
liz@stringerlaw.us
www.stringerlaw.us



TENNESSEE

MENTAL HEALTH



Melissa A. Bartsch PhD

University of Tennessee
1800 Volunteer Blvd
Knoxville, TN 37996
865.974.2196
mbartsch@utk.edu



April M. Broussard, LCSW

567 Cason Lane, Suite A
Murfreesboro, TN 37128
615.680.9822



Saroj Chand

3105 Essary Dr.
Knoxville, TN 37918
865.687.8990

Brandi C Cowan

Tennessee Mental Health
Consumers' Association - East Tennessee
200 W. Fifth Ave, Suite B
Knoxville TN, 37917
865.304.6980
BCowan@tmhca-tn.org



Dan Dumont, MSSW

Oasis Center, Inc.
1704 Charlotte Ave.
Nashville, TN 37203
615.327.4455
www.oasiscenter.org/

Dr. Terry Edwards

1007 Murfreesboro Rd.
615.791.3449
teredwardstoo@hotmail.com



Beth Evelyn

ETSU Counseling Center
412 J.L. Seehorn Rd.,
Johnson City, TN 37614
P.O. Box 70724,
Johnson City, TN 37614
423.439.3333
barberbe@etsu.edu



Margot Feintuch, M.D., PLLC

1507 16th Avenue South
Nashville, TN 37212
615.200.6858



Kathleen Puckett MA, LADC

612 Sevierville Rd.
Maryville, TN 37804
865.724.4923
avfwcc@yahoo.com
aviewfromwithincounselingcenter.com



Joan M. Schleicher, Ed. D.

Nashville Center for Hope and
Healing
2125 Belcourt Ave.
Nashville, TN 37212
615.269.0525 ext. 5
www.healnashville.com/



**Jennifer Strickland
LPC/MHSP**

Momentum Counseling, LLC
211 Donelson Pike, Suite 113,
Nashville, TN 37214
615.645.3753
jstricklandlbc@gmail.com



Dr. Tanner - VA Med Center

Johnson City, TN 37684
423.926.1171 Ext. 7709



Jane R. Weinberg, M.D.

Center for Integrated Healthcare
602 West Iris Drive
Nashville, TN 3204
615.383.1995



**Jennifer Valli
AAECT certified therapist**

1384 Cordova Cove Suite 1,
Germantown, TN 38138
901.299.3224
jenvalli@gmail.com
www.jennifervalli.com

TENNESSEE

PRIMARY CARE



Dr. Bradley N. Bullock

Cool Springs Internal
Medicine & Pediatrics Clinic, PLLC
1607 Westgate Cir.
Brentwood, TN 37025
615.376.8195
www.coolspringsinternalmedicine.com/



Donna McCormick NP

9221 Middlebrook Pike Suite 102
Knoxville, TN 37931
865.539.2873



CHOICES (Memphis Center for Reproductive Health)

1726 Poplar Ave
Memphis, TN 38104
901.274.3550
mpeake@memphischoices.org
www.memphischoices.org



Kristin Rager, M.D., M.P.H.

Rager Adolescent Health
2201 Murphy Avenue, Suite 310
Nashville, TN
615.933.0173
www.rageradolescenthealth.com/



1726 Poplar Ave
Memphis, TN 38104



Alice Sattler, MSN

Vinehill Clinic
601 Benton Avenue, Nashville, TN 37204
615.292.9770
www.connectus.org/vine-hill



Dr. Rodney Carter

1017 Middle Creek Rd.
Sevierville, TN 37862
865.453.2806



Gary J. Smith, M.D.

Saint Thomas Health
7640 Highway 70 South,
Suite 201 Nashville, TN 37221
615.646.8098



Dr. Laura Travers

Maryville, TN
865.681.0103

ENDOCRINOLOGY



Dr. Terri W. Jerkins

2010 Church St. Suite 410
Nashville, TN 37203
615.329.5029

LEGAL RESOURCES

Southeast TN Legal Services

423.756.0128
www.selegal.org

OTHER

Laura Bomar, LE, CPE, CCE

Hendersonville Electrolysis
Hendersonville, TN 37075
615.681.0778
laurabomar@gmail.com



Vanderbilt Trans Buddy Program

lgbti.health@vanderbilt.edu

TENNESSEE

HIV CARE

Chattanooga Cares

1000 East 3rd Street Suite 300, Chattanooga, TN 37403
423.265.2273
news@chattanoogacares.org
www.chattanoogacares.org

Street Works

520 Sylvan St
Nashville, TN 37206
615.259.7676
www.street-works.org

Friends for Life

43 N Cleveland, Memphis, TN 38104
901.272.0855
www.friendsforlifecorp.org

Vanderbilt Comprehensive Care Clinic

Vanderbilt University Medical Center,
1211 Medical Center Drive
Nashville, TN 37232
615.875.5111
www.vanderbilthealth.com/comprehensivecare/

Nashville Cares

633 Thompson Lane, Nashville, TN 37204
HEARTline: 1.800.845.4266
Office: 615.259.4866
www.nashvillecares.org

PLANNED PARENTHOOD LOCATIONS

Details on locations available at: www.plannedparenthood.org/health-center/tennessee



Knoxville

710 North Cherry St.
Knoxville, TN 37914
865.694.7155

Memphis

2430 Poplar Avenue
Memphis, TN 38112
901.725.1717



Memphis

835 Virginia Run Cove
Memphis, TN 38122
901.725.1717



Nashville

412 Dr. D.B. Todd Jr. Blvd.
Nashville, TN 37203
615.321.7216



STATE RESOURCE GUIDES

My Trans Navigator

www.mytransnavigator.com/tennessee
Covers Entire State

Out Central

www.outcentral.org/category/health-wellness
Covers Nashville Area

Out Memphis

www.outmemphis.org/resources/

Tennessee Vals

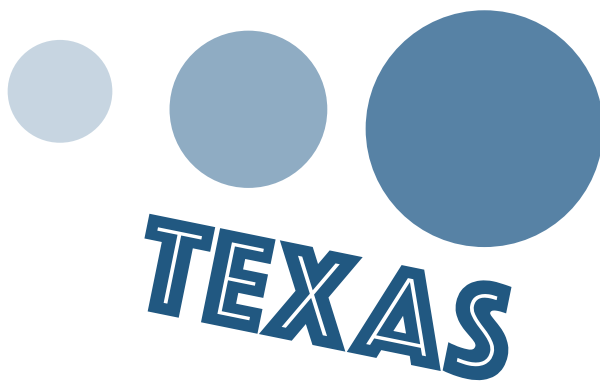
www.tvals.org/medical-resources/
Covers Nashville Area

Program for LGBTI Health at Vanderbilt Medical Center

Vanderbilt University Medical Center
1211 Medical Center Drive
Nashville, TN 37232
615.936.5194
lgbti.health@vanderbilt.edu

University of Tennessee Knoxville

www.cflgbt.utk.edu/transgender-non-binary-resource-guide/
Covers Knoxville Area



MENTAL HEALTH

Tricia Blewitt, LPC

Tricia Blewitt Counseling & Sex Therapy
930 S. Bell Blvd Suite 402,
Cedar Park, TX 78613
512.547.9704
tmblewitt@hotmail.com



The Practice ATX

3811 Bee Cave Road Suite 204
Austin, TX 78746
512.861.4131
www.thepracticeatx.com
info@thepracticeatx.com



Natalie Love LPC, LMFT

5902 Laird Dr., Austin, TX 78757
512.850.4059
nataliejlove@gmail.com
www.nataliejanelove.com



Savannah Stoute, LPC



Savannah Stoute Counseling
950 Westbank Dr. Ste 104 Aus-
tin, TX 78746



512.270.9683
www.savannahstoutecounseling.com

PRIMARY CARE



Legacy Community Health

Multiple Locations
832.548.5000
www.legacycommunityhealth.org

LEGAL RESOURCES



Kelsey Snapp

Texas RioGrande Legal Aid
Multiple Locations
1.888.988.9996
www.trla.org

Lou Weaver

Trans Legal Aid Clinic Houston
translegalach@gmail.com
www.facebook.com/TransLegalAid-
ClinicHouston/

OTHER



Montrose Center

401 Branard St.
Houston, TX 77006
Main: 713.529.0037
LGBT Switchboard: 713.529.3211
www.montrosecenter.org/hub/

TEXAS

PLANNED PARENTHOOD LOCATIONS

Details on locations available at: www.plannedparenthood.org/health-center/texas

Addison

5290 Beltline Road #134
Addison, TX 75254
972.991.1424

Arlington

3701 South Cooper Street #235
Arlington, TX 76015
817.472.8196

Austin

201 E. Ben White Blvd. - Bldg. B,
Austin, TX 78704
512.276.8000



9041 Research #250
Austin, TX 78758
512.331.1288

1823 E 7th Street
Austin, TX 78702
512.477.5846

Bedford

2824 Central Drive
Bedford, TX 76021
817.545.0077

Brownsville

870 E. Alton Gloor Blvd.
Brownsville, TX 78526
956.546.4571

Cedar Hill

140 W FM 1382, Ste 160
Cedar Hill, TX 75104
972.709.0081

Dallas

9100 N. Central Expwy, #169
Dallas, TX 75231
214.368.1485

Denton

2436 S IH-35 E #340
Denton, TX 76205
940.891.0737

Fort Worth

6464 John Ryan Drive - Suite B,
Fort Worth, TX 76132
817.276.8063

3863 Miller Ave.

Fort Worth, TX 76119
817.536.4942

Harlingen

712 N 77 Sunshine Strip, Ste. 18,
Harlingen, TX 78550
956.423.8584

Houston

9919 North Freeway Service Rd
Suite 107, Houston, TX 77037
713.514.1106

13169 Northwest Freeway,
Houston, TX 77040
713.514.1107

5800 Bellaire Blvd.,
Houston, TX 77081
713.541.5372

Lewisville

1356 W. Main Street
Lewisville, TX 75067
972.221.7644

Mesquite

1220 North Town East Blvd.
#240, Mesquite, TX 75150
972.613.0915

Paris

1735 17th Street NE
Paris, TX 75460
903.784.1301



Plano

600 North Central Expressway,
Plano, TX 75074
972.424.6311

San Antonio

8725 Marbach Rd., Ste. 215,
San Antonio, TX 78227
210.674.2222

2346 E. Southcross Blvd.
San Antonio, TX 78223
210.333.5454

2140 Babcock Rd
San Antonio, TX 78229
210.736.2262

920 San Pedro Ave.,
San Antonio, TX 78212
210.736.2475

11514 Perrin Beitel Rd
San Antonio, TX 78217
210.590.0202

Spring

4747 Louetta Road
Spring, TX 77388
713.514.1102

Tyler

3500 South Broadway Ave.
Ste E, Tyler, TX 75701
903.581.8277

Waco

1121 Ross Avenue Suite B,
Waco, TX 76706
254.759.5750

Unless otherwise marked, all locations do not offer HRT, and all services are available at discounted rate, with no sliding scale

STATEWIDE RESOURCE GUIDES

Gender Infinity

www.resource.genderinfinity.org/

University of Texas Medical Branch

www.utmb.edu/health-resource-center/lgbtq-resources

Trans Name and Gender Marker Change

www.law.utexas.edu/probono/projects/special-projects/trans-legal-name-gender-marker-project/



VIRGINIA



MENTAL HEALTH



Capital Area Health Network

2809 North Avenue #206
Richmond, Virginia 23222
804.780.0840
www.cahealthnet.org



Dr. Chiappinelli

601 George St.
Fredricksberg, VA 22401
540.370.4344



Maggie Chubb LCSW

930 Redgate Ave.
Norfolk, VA 23507
757.626.3733
Maggie.Chubb@gmail.com



Thomas Coughlin

1633 Q St. NW #210
Washington, DC 20009
202.643.5675
tcoughlinlpc@comcast.net



Eleanor Criswell

312 S. Washington St. #3B
Alexandria, VA 22314
703.748.4900
info@drcriswell.com
www.drcriswell.com



Anne L. Edwards PsyD

7019 Backlick Ct.
Springfield, VA 22151
703.509.6753



Lisa Griffin PhD

14 S. Auburn Ave.
Richmond, VA 23221
704.458.0433
info@drlisagriffin.com
www.drlisagriffin.com



Heather Kay



Clearwater
Counseling & Wellness Services
530 E. Main St. Suite 1012;
Richmond, VA 23219
804.382.6546
clearwatercounselingva.com
clearwatercounselingva@gmail.com

David Lewis

Region Ten, Child & Family
500 Old Lynchburg Rd
Charlottesville, VA 22903
434.970.1266
David.Lewis@RegionTen.org
RegionTen.org



Pamela E. Marcus RN, MS, CS-P

14460 Old Mill Rd. #201
Upper Marlboro, MD 20772
301.952.9286
marcusRN@aol.com



Chris McClure MA, LPC

7450 Heritage Village Plaza #101
Gainesville, VA 20155
703.895.5208
www.gpccva.com

Joan Picket CSAC

1485 Chain Bridge Rd. #203
McLean, VA 22101
703.749.7928



Dr. Shawn Rubin Psy.D

2700 Dorr Ave Fairfax, VA 22031
501.725.7600

VIRGINIA

MENTAL HEALTH



Michael G. Tancus
LCSW, DCSW

79 N. Medical Park Dr.
Fishersville, VA 22939
540.941.2508



Lauren E. Tancus

Augusta Behavioral Health



79 Medical Park Drive
Fishersville, VA 22939

540.941.2525
LTancus@augustahealth.com



Carrie J Walker, LPC, RPT-S

Richmond Creative Counseling, LLC



1900 Byrd Ave Suite 200
Richmond, VA 23230

804.592.6311
carriewalkerlpc@gmail.com
www.richmondcreativecounseling.com



Lauren Woolfolk

Richmond Creative Counseling



1900 Byrd Ave Richmond VA, 23230
804.592.6311

www.richmondcreativecounseling.com
laurenwoolfolkcc@gmail.com

ENDOCRINOLOGY



Fan Free Clinic

Transgender Clinic

(Contact Keri)

1010 North Thompson Street
Richmond, VA 23230

804.358.6343
kabrams@fanfreeclinic.org
www.fanfreeclinic.org

PRIMARY CARE



Capital Area Health Network

2809 North Avenue #206

Richmond, VA 23222
804.780.0840
www.cahealthnet.org



Catherine Casey MD

University of Virginia

375 Four Leaf Ln Suite 103
Charlottesville, VA 22903
434.243.0700
cc5ds@virginia.edu
<https://uvahealth.com/locations/profile/uva-family-medicine-and-specialty-care-crozet>



Chippenham Family Medicine

681 Hioaks Road
Richmond, VA 23225
804.233.9661



Jenn Gallienne

Health Brigade



1010 N Thompson St.

Richmond, VA 23230



804.358.6343

jgallienne@healthbrigade.org

www.healthbrigade.org



Dr. Patel

Carilion Clinic



3 Riverside Circle, Roanoke, VA 24016

540.266.6000

direct@carilionclinic.org



Julia Taylor, MD

UVA Teen & Young Adult Health



Center

1204 W. Main St.



Charlottesville, VA 22903

434.982.0090

VIRGINIA

PLANNED PARENTHOOD LOCATIONS

Charlottesville

2964 Hydraulic Road
Charlottesville, VA 22901
434.296.1000



Hampton

403 Yale Drive
Hampton, VA 23666
757.826.2079



Richmond

201 N Hamilton Street
Richmond, VA 23221
804.355.4358



Roanoke

2207 Peters Creek Road
Roanoke, VA 24017
540.562.3457



Vienna

522 Grand Central Ave.
Vienna, WV 26105
304.295.3331

Virginia Beach

515 Newtown Road
Virginia Beach, VA 23462
757.499.7526

ENDOCRINOLOGY



Fan Free Clinic

Transgender Clinic
(Contact Keri)

1010 North Thompson Street
Richmond, VA 23230
804.358.6343
kabrams@fanfreeclinic.org
www.fanfreeclinic.org

HIV CARE

ACCESS AIDS Care

LGBT Center at 247 W. 25th Street
Norfolk, VA 23517
757.200.9198
www.accessaids.org

OTHER



LGBT Life Center

Multiple Locations



757.640.0929

info@lgbtlifecenter.org

www.lgbtlifecenter.org



Cheryl Ware, MEd., CCC-SLP

8306 University Place

Richmond, VA 23229

804.387.3806



cah1963@gmail.com

STATEWIDE RESOURCE GUIDES

Equality Virginia

www.equalityvirginia.org/resources/transgenderresources/

Psychology Today

www.psychiatrists.psychologytoday.com/rms/prof_results.php?state=VA&spec=187

Side by Side

www.sidebysideva.org/partners/

Transgender Inclusion Shelter Project

www.diversityrichmond.org/what-we-offer/education-and-advocacy/tisp.html

Transgender Health

Alliance of Central Virginia

www.thacva.org/providers.html

Virginia Department of Health

www.vdh.virginia.gov/content/uploads/sites/10/2016/12/TransRRLList.pdf



WEST VIRGINIA

MENTAL HEALTH

Jeffrey Hammond, PhD
1286 Suncrest Towne Centre
Morgantown, WV 26505
304.381.4168
drj.psychasso@comcast.net
www.psychassociatespllc.com

HIV CARE

**Charleston Area Medical Center -
Ryan White Program**
CAMC Memorial Hospital
3200 MacCorkle Ave SE
Charleston, WV 25304
304.388.8106 or 304.388.9337
www.camc.org



ADDITIONS?

Email Ivy Gibson-Hill at
the Campaign for
Southern Equality at [ivy@
southernequality.org](mailto:ivy@southernequality.org)

STATEWIDE RESOURCE GUIDES

Free HIV Testing through Charleston Area Medical Center
<http://www.camc.org/freetestinglocations>



RESOURCES FOR FUNDING YOUR TRANSITION

Hi! So, you found the doctor you're looking for, but you don't know how you're going to pay for it? You're in the right place! This section of the guide is all about how to fund your transition.

This is a compilation of research on grants that are available to assist trans folks with medical transition, helpful things to know about insurance coverage, and tips and tricks to assist with crowd-funding. All information contained herein is current, to the best of our knowledge, as of October 2017.

If you have additional resources to add, or would like to report out of date information for this funding section of the guide, please email me at Ivy@southernequality.org.

Additionally the Human Rights Campaign maintains a list of employers which offer at least one trans inclusive healthcare plan; it can be found in the Corporate Equality Index, which they publish annually at www.hrc.org/resources/corporate-equality-index-list-of-businesses-with-transgender-inclusive-health. This has been very helpful for many folks, as you can find employers like Starbucks which offer trans inclusive healthcare plans after only six months of part-time employment.

I know looking at the expenses involved in medical transition can feel really overwhelming, especially for a segment of the population that faces the high rates of under and unemployment that we face. That's why I created this guide, and I hope you'll find it helpful on your journey!

Best Wishes,

Ivy Gibson-Hill
LGBTQ Rights Toolkit Coordinator
Campaign for Southern Equality

GRANTS & FUNDING FOR TRANSITION EXPENSES

THE JIM COLLINS FOUNDATION

The Jim Collins Foundation now offers two grant options. General Fund grants cover 100% of the medical fees associated with gender-affirming surgery. Grants from the Krysallis Anne Hembrough Legacy Fund cover 50% of the medical fees associated with gender-affirming surgery and require each recipient to match each dollar of funds received with a dollar of their own money or other money raised by the recipient. Applicants may only apply once per grant cycle and in their application must choose to be considered for either the General Fund or the Krysallis Anne Hembrough Legacy Fund.

Criteria for the Jim Collins Foundation Grants

Applicant must understand the steps that are currently required to undergo the medical process of transition, and must have completed (or have outlined plans to complete) the following steps:

- Secure a letter of support from a licensed medical or mental health professional, such as a psychologist, psychiatrist, social worker, or therapist.
- Select a surgeon who is knowledgeable in transition-related surgeries. If applicant is chosen, the organization assumes this named surgeon is final.
- Identify who will care for and provide support post-surgery.
- If applicant has not completed all of these steps, but is planning to do so, please include your plans in your application.
- Note: If you are selected for funding, the payment will be made directly to the doctor or hospital facility. You must comply with any and all requirements according to the Standards of Care of the World Professional Association for Transgender Health's (WPATH), formerly known as the (Harry Benjamin International Gender Dysphoria Association, HBGDA), as determined by your selected surgeon.
- Applicant must demonstrate a genuine need for financial assistance.
- Applicant must detail the efforts they have made to fund-raise and the amount of cost that they will be able to cover on their own, if any.

The Jim Collins Foundation makes selections for grants based on a combination of demonstrated financial need and level of preparedness.

GRANTS & FUNDING

FOR TRANSITION EXPENSES

CK LIFE SCHOLARSHIP FUND

ONE surgery must be selected per application number (Hysterectomy With GCS will count as one surgery. Multiple FFS which are performed by the same surgeon in one operation will count as ONE surgery.) If you would like to be considered for different types of surgery, you may request a different application number for each type of surgery, but you must complete an entire application for each application number.

Criteria for the CK Life Scholarship Fund

- Cover Page
- Name (*Both Legal and Preferred, if different*)
- Date of Birth
- Contact Info (*Email and/or Telephone*)
- Must State which ONE Surgery* you are asking for assistance accessing.
- Name of Surgeon(s) you prefer, along with the surgeon's contact info. An alternate surgeon MUST be named. If no alternate surgeon is listed an explanation must be given.

Personal Statement

- Write a personal statement of no more than 1000 words. (*Anything beyond 1000 words will NOT be read.*)
- Detail what efforts you have made to fund raise or save towards your surgery.
- Please include in this statement who will care for you and provide support post-surgery.
- Include how having surgery will impact your life. (*Please be as specific as possible.*)
- What will you do to try and afford surgery if you are not granted a scholarship? (*Be as specific as possible.*)

Professional Letter

- One letter from a Medical OR Mental Health Provider.
- Acceptable Providers: MDs, DOs, PHDs, Nurse Practitioners, Psychiatrists, Social Workers, Therapists, Counselors (*if any questions about your provider, email us.*)
- Letter must state how long you have been in transition and what steps you have taken/completed in your transition process.
- Note: We understand there is no one way to transition, but applicants must meet WPATH standards of care with regards to being eligible for scholarship approval. For a list of standards, check out the WPATH.

GRANTS & FUNDING FOR TRANSITION EXPENSES

Personal Reference

- From someone you know stating why they think you should be selected for a scholarship.
- Contact information should be included because the individual may be contacted for clarification and/or verification.
- Must be a maximum of 500 words. (*Over 500 words Will NOT be read.*)

Financial Statement

- State annual income and source of income
- Annual expenses
- Amount saved toward surgery, if any, with a break down (*i.e. \$500 for travel saved, \$1,000 toward surgery saved etc.*)
- Amount still needed toward surgery
- State whether or not you have insurance. If you have insurance, state what kind and why you are unable to use it for surgery.

All applicants will be given an application number. You can request an application number by emailing scholarshipfund@ccklife.org. This number must be included on each page of application materials to help keep track of application.

Any awarded funds MUST be used within 3 months (for all non-genital surgery procedures) or 6 months (for genital surgeries) of time they are awarded. If there are extenuating circumstances (such as surgeon has a long waiting list) then that time frame may be extended based on the circumstances. If the funds are not used in an appropriate amount of time, then the funds will go back into the pool of money toward the next scholarship cycle.

If you have any questions or concerns regarding this application process, please email: scholarshipfund@ccklife.org

TRANS LOVE FUND

The Trans Love Fund is a program of We Are Family, an organization dedicated to providing resources, support and leadership development to LGBTQ+ youth. The Trans Love Fund is dedicated to helping the transgender community of South Carolina by providing microgrants to trans identified individuals for medical, legal, and emergency living expenses. Apply through www.wearefamilycharleston.org.

POINT 5CC SURGERY FUND

Point 5cc Surgery Fund awards money raised from T-shirt sales to go toward one person's gender affirming surgery each year. The grants are awarded in February. No criteria is up on their site currently. This year they awarded just over \$1,200 to one person and had 57 nominations and 103 applications. For more information check out www.point5cc.com

GRANTS & FUNDING FOR TRANSITION EXPENSES

RIZI TIMANE MINISTRIES

Transgender Hormone Fund has awarded scholarships of \$1,500 to 6 transgender women to assist with the purchasing of hormones each year. They also provide one surgery grant to a trans* person each year.

Please write a letter of interest and email it to rizi@rizitimaneministries.org for consideration. In the letter, be sure to tell us a bit about yourself (where are you from; are you GNC, FTM, or MTF; how far are you in transition; why do you need this fund; and other pertinent information.)

TUFF

Founded in 2013, Trans United with Family and Friends (TUFF) aims to provide access to healthcare, transition services, safe housing and education for the underserved transgender population. TUFF offers individualized case management by pairing recipients to programs tailored to their specific needs. By focusing on the healthcare aspect of each recipient, TUFF also helps improve other aspects of their lives. TUFF holistically looks at the needs of each person, and has realized that if one area of someone's life improves, so will others. While most of TUFF's applicants express need with healthcare issues, it is clear that addressing these problems helps to improve others areas of their lives. For example, many of our applicants are unable to become employed because their body does not match their identity.

By being able to transition and receive healthcare, they are suddenly that much more employable. It is clear that people who have been able to transition are much more functional, confident and productive members of society.

At this moment, TUFF get on average 100 applications per month for funding and resource requests. About a third of the applicants have no other options to find help and access to healthcare, schooling, safety and shelter and are at very high risk of suicide, homelessness and financial distress. TUFF will be at the forefront of this movement by providing resources and options for these individuals.

To apply for a grant download and submit their application form at www.tufforg.wixsite.com/tuffnew.

THINGS TO KNOW ABOUT INSURANCE COVERAGE

The tides are turning: more and more insurance companies in the United States are accepting the medical necessity of FTM chest surgery and covering this procedure for transgender men.

Additionally, there are a number of states that now prohibit discrimination and legally require insurance companies to provide transgender health coverage.

The medical necessity of GCS has been affirmed by the American Medical Association, American Psychiatric Association, and World Professional Organization for Transgender Health, as well as the insurance company, Aetna.

Keep in mind that coverage varies between health insurance companies, states, and plans. Don't assume that one company, state or plan is consistent with their level of coverage. Read your policy completely—not just the summary—and look for the exclusions and limitations section.

COMMON REQUIREMENTS

To get top surgery covered by insurance, there are a number of requirements. Some of the hoops you may need to go through include:

- Meeting the insurance company's basic criteria: legal adult status; Gender Dysphoria diagnosis; support letters from qualified mental health practitioners, your primary care provider and your surgeon.
- Having to pay out-of-pocket for surgery, then getting a reimbursement from the insurance company.
- Having to be evaluated by a board of in-network doctors.
- Finding in-network surgeons who have top surgery experience.

If you live in a state where surgery coverage is not mandated by law, you still might be able to get your top surgery covered via student health insurance or the insurance appeals process.

THINGS TO KNOW ABOUT INSURANCE COVERAGE

THE AFFORDABLE CARE ACT

The Affordable Care Act and The Patient's Bill of Rights add several important protections in health insurance that affect transgender people:

- **Elimination of coverage denials:** Anyone can apply for health insurance and receive coverage for the care they need, regardless of their gender. (For example, hysterectomy coverage for a trans man.)
- **Pre-existing condition acceptance:** Insurers are no longer able to deny a person coverage based on having what an insurance company considers a pre-existing condition, which has included being transgender.
- **Plan cancellations are now illegal:** Canceling a plan used to be a way for health insurers to cancel coverage when a person's health needs changed, such as coming out as transgender.

For more information about trans health insurance coverage in 2017, please see state guides from Out2Enroll: <https://out2enroll.org/2017-cocs/>

INSURANCE CODING ALTERNATIVES FOR TRANS HEALTHCARE

This fact sheet provides information about ICD-10 insurance codes and corresponding diagnoses and treatments the codes are related to. This document is intended to assist trans people in advocating for themselves with their healthcare providers and insurance companies. This information can help guide providers about insurance codes for trans healthcare that are commonly accepted and rejected.

If coverage is denied you can appeal that decision to your insurance company. Once you appeal a denial three times the appeal goes to an outside agency, and is often accepted. Ask your insurance provider about your specific appeals process. This fact sheet does not guarantee coverage from insurance providers. The best way to get information about your specific plan coverage is to speak with your insurance company.

CODES THAT ARE COMMONLY REJECTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
F64	Gender Dysphoria/Gender Identity Disorder	Rarely covered in North Carolina but employers can request expansion.
Q56.3	Intersex code requires chromosomal documentation	Typically diagnosed in childhood and allow for full spectrum of gender surgery

**A note about F64: Some insurance providers will require this code for gender affirming surgeries. It is also often required for adolescents to get hormone interventions covered.*

CODES THAT ARE COMMONLY ACCEPTED BY INSURANCE PROVIDERS

CODE	CONDITION	COMMENTS
E34.9	Endocrine disorder, unspecified	Hormone replacement therapy
Z79.899	Other long term (current) drug therapy	Labs related to hormone therapy including potassium, kidney and liver function, and blood counts
N62	Breast hypertrophy	Breast reduction/mastectomy
N64.4	Mastodynia	Mastectomy
N65	Deformity of reconst. Br	Mastectomy or reconstruction
N94.1	Dyspareunia (pain with sex)	Hysterectomy
N92.6	Irregular menses	Hysterectomy/IUD
N94.6	Painful menses	Hysterectomy/Hormonal therapies/IUD
N83.2	Ovarian cyst	Removal of ovaries
R10.2	Pelvic pain	Hysterectomy/removal of ovaries
N90.89	Hypertrophy of the clitoris	Clitoroplasty
N90.69	Labial hypertrophy	Labiaplasty
N94.819.2	Vulvar pain	Vulvoplasty
N50.819	Orchialgia	Orchiectomy

Campaign for Southern Equality has created this fact sheet to assist trans and gender diverse people seeking medical interventions in advocating for ourselves with our healthcare providers and insurance companies. Questions about coverage and specific plans should always be directed to insurance providers.

ADDITIONAL INFORMATION FOR INSURANCE CODING APPEALS PROCESS

This information is pulled directly from “Gender Reassignment Surgery Model National Coverage Determination,” a toolkit created by the Transgender Medicine Model National Coverage Determination Working Group with the assistance of Nick Gorton, MD of Lyon-Martin in San Francisco:



“The patient’s specific insurance plan has a transgender care exclusion in their coverage. Most insurers have an exclusion of coverage for transition-related coverage as their standard language and do not remove it unless a state has issued guidance that says that exclusions of trans care are illegal, or the plan receives federal funds to pay for premiums (or payment for a third party administrator), such as a federal or state marketplace plan, Medicare or Medicaid programs (many states are out-of-compliance with the federal rules for their Medicaid programs). This is the most common, and most folks don’t know they have an exclusion until they are told where to look. This does not mean that it is impossible to get care covered, but the appeals process is much harder.

Coverage for specific procedures: Some coverage is categorically excluded because they are viewed as cosmetic (i.e. breast augmentation, body contouring, facial feminization procedures) - generally speaking, these are hard to appeal and clearly delineate why they are medically necessary to meet the insurer’s standards. Some “sub-procedures” are also not covered, even if they main procedure is covered (i.e. double mastectomy is covered for transgender men, but not nipple reconstruction; phalloplasty may be covered, but the testicular implants are not, often citing cosmetic purposes) - when this occurs, the service is easier to appeal, because most of these procedures are available to cisgender people, and the case can be made that the “cosmetic ruling” is being applied to trans people for the sake of denying care (i.e. sex discrimination).

Coverage issues can occur when someone is getting a “sex-specific procedure” such as a pap smear or a PSA testing for prostate exams, this is typically related to what gender marker the patient currently has on their health insurance account. While this discrimination is illegal, this happens with some frequency, but can be fixed using KX or 45 modifier. This is more of an educational issue to medical providers, but most do not know that they can code in this fashion to assure that their patient’s care gets covered.”

The Campaign for Southern Equality gives special thanks to Kinneil Coltman of Carolinas Healthcare and Dr. Jennifer Abbott of Western North Carolina Community Health Services for their assistance with compiling this information.

Sources:

www.cms.gov/medicare/coverage/determinationProcess/downloads/Kalra_comment_01022016.pdf
www.transline.zendesk.com/hc/en-us/articles/229372908-Coding-for-Transition-Related-Care

CROWDFUNDING FOR TRANSITION

PLANNING YOUR CAMPAIGN

- Write an honest letter to your would-be funders about why you need the funds. Ask for what you need and not more.
- Keep in mind that running and publicizing a crowdfunding campaign can be quite time consuming. Delay your campaign if you're overworked, burned out, etc.
- Have realistic expectations: more than half of Kickstarter campaigns fail to make their goal. Assume that only 1% of your contacts will contribute.
- The currency of crowdfunding is relationships, so get your target audience right. If all your friends are broke and also saving for surgery, you'll need to re-think your plans.
- Make a great video promoting your campaign and put it on your donation page. Be creative, entertaining and honest. Solicit an emotional response.
- If you're offering rewards / backer levels, structure them carefully and budget the cost of fulfillment. While the average donation amount will probably be under \$50, use your creativity to create attractive "upper end" rewards as well.
- Study successful campaigns and try to reverse-engineer their path to success.

CROWDFUNDING SERVICES

Before you pick a crowdfunding service, consider: Do you really need one? These services take a commission on the funds raised (examples below.) Many people have had good success using a self-hosted donation page (hosted on their websites or on WordPress.com/Blogspot/etc.) with a form integrated with PayPal or WePay, where fees hover around 3%. Here are some popular services and their fee schedules, as of September 2016:

- DonationTo: 5% + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction). 0% Paid accounts also available.
- Fundly 7.9%
- FundRazr 5% + PayPal fees (typically 2.9% plus \$.30 per transaction)
- GiveForward* 7% - **Specifically for medical fundraising**
- GoFundMe 7.9% + 0.30
- GoGetFunding: 4% + PayPal fees (typically 2.9% + \$0.30 per transaction)
- Indiegogo: 4%-9%
- RocketHub: 8% – 12%
- You Caring: \$0 + PayPal or Wepay fees (typically 2.9% plus \$.30 per transaction)

GLOSSARY OF TERMS

CISGENDER

A term for someone whose gender identity corresponds with the sex they were assigned at birth; not transgender.

DRAG KING

A person who is expressing hyper masculinity through performance art.

DRAG QUEEN

A person who is expressing hyper femininity through performance art.

GENDER

A socially constructed system for classifying people into categories. Different cultures use different systems for this classification.

GENDER CONFIRMATION SURGERY

Any form of surgical procedure performed on a transgender or gender nonconforming person in order to make their primary or secondary sex characteristics better reflect their gender identity. This may include different types of “top surgery”, “bottom surgery”, or other procedures. Contrary to popular belief, there is not one surgery; in fact there are many different surgeries. Not all transgender or gender nonconforming people desire gender confirmation surgery and each person’s pathway to medical transition is unique. “Gender Confirmation Surgery” is preferable to the previously used term “Gender Reassignment Surgery”, and many consider “sex change surgery” derogatory.

GENDER EXPRESSION

Refers to the ways in which we each manifest masculinity, femininity, both, or neither. Gender expression may or may not align with someone’s gender identity. This visible expression of gender includes hairstyles, clothing choices, body language, etc.

GENDER IDENTITY

One’s innermost concept of self as it relates to gender. How individuals experience gender personally. One’s gender identity can be the same or different from their sex assigned at birth. Gender identity cannot be seen from looking at a person.

GENDERING

The act of assigning a gender to another person. Incorrectly assigning a gender to another person is called misgendering.

GLOSSARY OF TERMS

GENDER NON-CONFORMING

A term for individuals whose gender identity or expression falls outside the gender binary of man and woman. Some examples of gender non-conforming identities include genderqueer, agender, bigender, gender fluid, etc.

INTERSEX

A general term used for a variety of conditions in which someone's body doesn't seem to fit the typical definitions of male and female. We often associate intersex with conditions seen at birth, but there are many conditions that aren't seen at birth, such as androgen insensitivity syndrome, for example.

PRONOUN

The words used to refer to someone instead of using their name. He is a masculine pronoun; she is a feminine pronoun; they is a neutral pronoun. Pronouns are the most common way that we gender people.

QUEER

An umbrella term used to refer to sexual and gender minorities that are not cisgender or heterosexual.

TRANSGENDER

An umbrella term for people whose gender identity differs from the sex assigned to them at birth. Transgender is often shortened to "trans", and is inclusive of gender nonconforming identities.

SEX

The categorization of people based on external physical characteristics (e.g., hip to shoulder ratio, facial and body hair, vocal pitch, muscle mass, genital configuration, etc.)

SEXUAL ORIENTATION

A person's sexual identity in relation to the gender or sex they are attracted to.

TRANSGENDER MAN

A person who was assigned the sex of female or intersex at birth and identifies as male.

TRANSGENDER WOMAN

A person who was assigned the sex of male or intersex at birth and identifies as female.

TRANSITION

The period during which a person begins to live as their true gender. Transitioning may include changing one's name, changing their presentation, taking hormones, having surgery, or changing legal documents to reflect their true gender. Or transition may not include any of those things, depending on what that person wants or doesn't want.

GLOSSARY OF TERMS

INFORMED CONSENT

A provider who prescribes hormones with informed consent does not require a letter from a therapist to prescribe hormones.

ENDOCRINOLOGIST

A doctor who specializes in issues related to hormones. These doctors may oversee medical transition in terms of Hormone Replacement Therapy (HRT).

HRT (HORMONE REPLACEMENT THERAPY)

The process in which hormones and hormonal treatments are administered. HRT is not sought out by all transgender individuals, nor is it a requirement for transitioning.

GCS (GENDER CONFIRMATION SURGERY):

Surgical procedures in which a person's body is altered to change their gender expression. GCS is not sought out by all transgender individuals, nor is it a requirement for transitioning.

NATIONAL RESOURCE GUIDES

LGBTQ Rights Toolkit: Resources for the South

Campaign for Southern Equality
www.lgbtrightstoolkit.org

Locally Trans

www.locallytrans.com/

Trans Bucket

www.transbucket.com

RAD Remedy

www.radremedy.org/

GLAAD's Trans Resource Page

www.glaad.org/transgender/resources

HRC's Safer Sex for Trans Bodies Guide

www.hrc.org/blog/hrc-foundation-and-whitman-walker-health-release-comprehensive-transge

My Trans Health

www.mytranshealth.com

Trans Youth Equality Foundation

www.transyouthequality.org

ACKNOWLEDGEMENTS

Thank you for checking out *Trans in the South: A Guide to Resources and Services!*

We are grateful to those who maintain other resources guides to make it easier for trans people to access competent medical care. Some of these other resource guides include Trans Bucket, RAD Remedy, Funding your transition: A Resource Guide, Southeastern Trans Resource Guide, Charlotte Transgender Healthcare Group, TranzMission, LGBT Patient Care Collaborative in Upstate SC, HRC's Safer Sex for Trans Bodies. And of course none of this would be possible without the thousands of trans folks living across the South who share resources with each other.

We'd also like to thank providers who have shared information and resources, including Dr. Claire Farel, Kinneil Coltman, and the Transgender Health Program at WNCCHS. Compiling this resource guide was a labor of love, and would not have been possible without the help of Jasmine Beach-Ferrara, Brennan Lewis, Fletcher Page, Adam Polaski, and Quentin Bell.

If you have additional resources to add to *Trans in the South*, or you want to report out-of-date information, please email me at ivy@southernequality.org.

I hope this guide improves your experience accessing services. We give many thanks to the providers who are listed here and to the organizations and agencies working every day to ensure that trans folks in the South have access to resources, services, and support.

Best wishes,
Ivy Gibson-Hill
LGBTQ Right Toolkit Coordinator
Campaign for Southern Equality